

# BIO Rhythm

Lean Systems

# OLIO®



**WEIGHT LOSS\***

**WELLNESS\***

**TONING\***



ENHANCED WITH CLA AND OMEGA FATTY ACIDS

Lean Systems  
**OLIO®**



## HEALTHY AND LEAN LIVING

CLA (found in grass fed beef, dairy, eggs and safflower oil)

- Clinically studied for fat loss
- Pharmaceutically refined to remove excessive fat and cholesterol found in its natural state\*

*NOTE: Arachidonic Acid designed to encourage metabolism, brain function and anabolism\**

### SUPPLEMENT FACTS

Serving Size: 3 Softgels	
Amount Per Serving	
Calories	30
Calories from Fat	30
Total Fat	3g
Cholesterol	8mg
<b>Olio Fat Loss Compound</b>	<b>3,300mg</b>
Fish Oil, CLA (from 80% Safflower Oil), Extra Virgin Olive Oil, Borage Oil, Flax Seed Oil	
<b>Total Omega-3 Fatty Acids</b>	<b>1,200mg</b>
EPA (Eicosapentaenoic Acid)	600mg
DHA (Docosahexaenoic Acid)	400mg
Other Omega-3 Fatty Acids	200mg
<b>Total Omega-6 Fatty Acids</b>	<b>100mg</b>
Arachidonic Acid	65mg
Other Omega-6 Fatty Acids	35mg
<b>Total Omega-9 Fatty Acids</b>	<b>300mg</b>



### Extra Virgin Olive Oil may:

- Support antioxidant and free radical scavenger activity\*
- Aid in healthy blood glucose levels\*
- Support healthy cardiovascular function\*

### Fish Oil

- Staple food in the healthiest regions of the world
- Clinically studied for:
  - Healthy cholesterol support\*
  - Energy production\*
  - Water reduction assistance\*
  - Immune boosting properties\*



\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Toll Free | 866.429.2600  
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